

One Day Seminar Sample with Coaching Helps

8:30-10:15 ***Intro Overview & Your Spiritual Gifts***

- Brief overview of the day...use graphic clarifying Birkman & YLG gifting/power (10 min.)
 Open up for group reaction/interaction (10 minutes)
- Intro Spiritual Gifts - use abbreviated outline on equipping and supporting gifts (30 min.)
 Highlight workbook, pp 16-22...essential to see gifts through liability side (5 min.)
- Break into first of five 1 on 1 interaction, all with same person...share your top four gifts and why you believe those to be your gifts. Intro role of "sober estimator" - listener, not answer giver (20 minutes one talks, other listens/asks questions, then reverse roles...40 min.) Remind people to use this time for sober estimation even if they know their gifts
- Summary time - reactions, feedback from group

BREAK

10:45-12:15 ***Lifestyle Grid - Understanding the "Baby Birkman"***

- Intro , using my outline and/or combo of that and things you have learned afresh (30 min.)
- 1 to 1 interaction ("sober estimation) - sharing insights gained from Grid (10 ea./20 min.)
- Intro & Reflection time comparing personality with gifting (15 minutes)
- Sharing 1 to 1 - compare and contrast your gifts and your personality (12 ea./25 min.)

LUNCH

1:00-2:30 p.m. ***Team Style & Primary Functions***

- Intro Team Style & you share your Team Style....follow outline in book, p. 25 (20 minutes)
- 1 to 1 sharing (20 minutes)
- Intro Primary Functions and share where you are powerful and who you need (10)
- 1 to 1 sharing (12-15 minutes)
- Last Segment: each person takes 5-7 minutes to summarize who they understand their partner to be from the first three segments of the seminar. Use remaining time in pairs to interact about what each person learned from the other's perspective (25 minutes total)
- Team Implications -- In both INTRO categories, highlight balance of strengths & needs, of where I am powerful and who I need

BREAK

2:50-4:00 p.m. ***Birkman Foursome #2, #3, #4 - QuickHits***

- Focus on Interests (20 minutes intro, 5 minutes 1 on 1 sharing)
- Focus on Intellectual Styles (same 25 min. time frame)
- Only REFERENCE Foundational Colors (intro only for 5 min.)

- LAST Segment: One thing of greatest benefit for you today...large group sharing (20 minutes, then you summarize)